

# OILS FOR *Every Age*

dōTERRA essential oils are the most tested and most trusted essentials oils on the market.

We go to great lengths to make sure they are not only the safest, but also the wisest choice of natural health care for your family

## PREGNANCY



### Lifelong Vitality

Whole food nutrition vital for mom and baby



### Slim n Sassy

Use for energy, nausea, and in water to help minimize swelling



### AromaTouch

Apply to neck, shoulders and ankles to promote feelings of relaxation and lessen tension, or use with a carrier oil for massage



### Copaiba

Calming for the mind, eases discomfort, and helps to boost breast milk supply when nursing

## INFANTS - TODDLERS



### Frankincense & Balance

Calming for the central nervous system

Great to use daily on the back of neck and as part of a massage



### Myrrh

Apply to the umbilical cord once a day and then to belly button as liquid bandaid



### Tamer

Apply as needed for tummy issues



### Unscented Lotion

Lavender or Roman Chamomile mixed with unscented lotion at bedtime for restful sleep

## KIDS AGES 2+



### PB Assist Jr & Kids Kit

Take Kids Vitamin Pack daily

Take PB Assist Jr daily for gut health



### On Guard Touch & Beadlets

Great option for internal use

Daily immune support



### Kids Collection

Pre-diluted for ease and convenience

Specifically address the mind, body and emotions

## ADOLESCENCE



### HD Clear Skin Care

Balances changing skin



### Lifelong Vitality

Take 1/2 dose daily  
Foundational support for changing bodies



### Emotions

Oils for mood support are essential



### ClaryCalm

Consistent hormone support

# OILS FOR *Every Age*

## ADULT



### Lifelong Vitality

Foundational support that fills nutritional gaps  
Provides increased energy, mental clarity and decreased inflammation



### TerraZyme

Take 2-3 at every meal  
To support healthy digestion and promote gut health



### Lemon

Add 2-3 drops to your water  
For a daily gentle cleanse



### Yarrow | Pom

Consume 1-2 drops morning & night to promote a healthy metabolism and immune response

Apply to skin to promote the look of young & healthy skin



### DDR Prime

Take 1-3 drops internally or apply topically daily to support the brain and cellular health



### Triaese

Take 1-3 as needed to combat seasonal allergies  
Safe replacement for over-the-counter seasonal allergy meds

**A**

Diffuse oils to create an environment that is uplifting and free from toxic fragrances

**I**

Use up to 24 drops of essential oils internally daily for optimal health

**T**

Apply oils daily to reduce stress and increase energy

## THE GLORY YEARS



### Fractionated Coconut Oil (FCO)

Dilute essential oils with fractionated coconut oil for thinning skin



### Lifelong Vitality

Supports joints  
Improves energy  
Protects and nourishes the brain



### Turmeric Dual Chamber Capsules

Supports a healthy cardiovascular system and inflammatory response



### Bone Nutrient Complex

Maintains healthy bone mass and density  
Provides 100% of daily recommended amounts of calcium and magnesium

*sample wellness box (LRP):*

**\$185**

133 PV<sup>1</sup>

+ **FREE** Oil of the Month!

+ **FREE** Product Credits!

*my wish list:*

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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
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Lifelong Vitality Pack \$79.50 / 60 PV

DDR Prime \$28.00 / 28 PV

Tamer \$20.00 / 10 PV

Balance \$21.00 / 21 PV

TerraZyme \$20.00 / 10 PV

<sup>1</sup> Point Value. For most products, \$1 = 1PV.